PROPHYLACTIC EFFECT OF RELIGIOSITY AGAINST SUBSTANCE USE DISORDER

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Abstract

Substance addiction is an enormous problem worldwide, affecting millions of families. Religiosity is a subject with growing interest for clinicians and researchers because of its role in prevention, therapy and recovery of addicted people. This article presents some basic spiritual factors related to substance use disorders. Empirical research shows that religious people develop significantly rarely substance addiction in comparison with less religious people. Four causal models are present that explain the relationship religiosity-substance use. This article concludes with discussion of the implications of these findings for prevention and treatment programs and research.

Key words: religiosity, addiction, psychoactive substance, spiritual factors, occultism, church.